



# **Best of Friends**

(Therapeutic Riding Program)

## **Medical Form and Application (Required)**

MEMBER: Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Parents Name(s) and Address if different than above:

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Riding Experience:

Have you previously ridden a horse or participated in any type of horseback riding activity?

No \_\_\_\_\_

Yes \_\_\_\_\_ Please list program and dates \_\_\_\_\_

Riding Date Preference:

Which riding class do you prefer:

Saturday mornings \_\_\_\_\_ Please specify what time (between 9:30 a.m. and 1 p.m)

Do you plan on participating in the whole Saturday program (March – Nov.)? \_\_\_\_\_

If NO, then indicate what time frame you plan on participating \_\_\_\_\_

Monday afternoons \_\_\_\_\_ Please specify what time (between 1:30 p.m. and 3:30 p.m.)

**PLEASE Return COMPLETED Form (all 5 pages) to *Best of Friends*, P.O. Box 94, Johnstown, PA 15907**



**MEDICAL HISTORY**

Date: \_\_\_\_\_

NAME: \_\_\_\_\_ DOB \_\_\_\_\_ AGE \_\_\_\_\_

SEX \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_ PULSE \_\_\_\_\_ B.P. \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_

CAUSE: \_\_\_\_\_

MEDICATIONS (Type, Purpose, Dose): \_\_\_\_\_

Atlanto-Axial Instability? Yes \_\_\_\_\_ No \_\_\_\_\_

Cervical X-Ray for Atlanto-Axial Instability: Positive \_\_\_\_\_ Negative \_\_\_\_\_ X-Ray Date \_\_\_\_\_

Tetanus Shot: Yes \_\_\_\_\_ No \_\_\_\_\_ Date \_\_\_\_\_

Please indicate if client has or has a history of the following secondary problems by checking yes or no. If YES, please include COMPLETE information pertaining to the problem.

<u>PROBLEM</u>	<u>YES</u>	<u>NO</u>	<u>IF YES, OR HISTORY OF, DESCRIBE</u>
AUDITORY IMPAIRMENT	_____	_____	_____
LEARNING DISABILITY	_____	_____	_____
MENTAL IMPAIRMENT	_____	_____	_____
PSYCHOLOGICAL IMPAIRMENT	_____	_____	_____
SPEECH IMPAIRMENT	_____	_____	_____
VISUAL IMPAIRMENT	_____	_____	_____
ALLEGIES	_____	_____	_____
CARDIAC	_____	_____	_____
CIRCULATORY PVD	_____	_____	_____
Postural Hypotension	_____	_____	_____
Hemophilia	_____	_____	_____
PULMONARY	_____	_____	_____
Asthma/COPD	_____	_____	_____
NEUROLOGICAL	_____	_____	_____
Seizures	_____	_____	_____
Controlled	_____	_____	_____
Last Seizure: _____	_____	_____	_____
Hydrocephalus	_____	_____	_____
Shunt	_____	_____	_____
Sensory Loss	_____	_____	_____
Pain	_____	_____	_____
MUSCULAR	_____	_____	_____
Contractures	_____	_____	_____

<u>PROBLEM</u>	<u>YES</u>	<u>NO</u>	<u>IF YES, OR HISTORY OF, DESCRIBE</u>
<b>SKELETAL</b>			
Spinal Column Injury	_____	_____	_____
Subluxing Joints	_____	_____	_____
Dislocating Joints	_____	_____	_____
Laminectomy/Fusion	_____	_____	_____
Scoliosis-Degree/Type/Brace	_____	_____	_____
Last X-Ray			_____
Kyphosis/Lordosis			
Degree/Type	_____	_____	_____
Spondylolisthesis	_____	_____	_____
Spinal Abnormality	_____	_____	_____
Osteoporosis	_____	_____	_____
Heterotrophis Ossification	_____	_____	_____
Joint Disease	_____	_____	_____
Cranial Defects	_____	_____	_____
Fractures	_____	_____	_____
Other _____	_____	_____	_____

**MEDICAL HISTORY**

Please indicate any medical problems not indicated above.

Please indicate special precautions.

**MOBILITY STATUS**

Ambulatory? Yes \_\_\_\_\_ No \_\_\_\_\_

If No, describe: \_\_\_\_\_

**PROSTHEHETICS/ORTHODONTICS:**

Type: \_\_\_\_\_ Purpose: \_\_\_\_\_

Type: \_\_\_\_\_ Purpose: \_\_\_\_\_

Please describe any other additional information that might help us to work with this student.

**PHYSICIAN STATEMENT:**

Horseback Riding is an appropriate activity for the above named person.

Physician's Signature: \_\_\_\_\_

Physician's NAME (Please Print): \_\_\_\_\_

Physician's Address: \_\_\_\_\_

Telephone: \_\_\_\_\_



**REGISTRATION AND RELEASE FORM**

**REGISTRATION**

Client \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State/ZIP Code \_\_\_\_\_

Parents or Guardian \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_ Home Phone \_\_\_\_\_ Work/Emergency Phone \_\_\_\_\_

School or institution presently attending: \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_ Phone \_\_\_\_\_

**LIABILITY RELEASE**

\_\_\_\_\_ (Client Name) would like to participate in the 20\_\_ \_\_\_\_\_  
*Best of Friends* program. I acknowledge the risks and potential for risks of horseback riding. However, I feel that the possible benefits to myself/my son/my daughter/my ward are greater than the risk assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against *Best of Friends* Board of Directors, Instructors, Therapists, Aides, Volunteers, and/or Employees for any and all injuries and/or losses I/my son/my daughter/my ward/may sustain while participating in horseback riding or other activities with *Best of Friends*.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_  
Client, Parent, or Guardian

**ACKNOWLEDGEMENT OF RULES AND RESPONSIBILITY**

I have read and **AGREE to abide by RULES as stated by *Best of Friends*** for horseback riding as well as during the time that I am located on the premises for such activity. I have consulted with my child's health care professional(s) and determined there are no contraindications for participation of my child in *Best of Friends* horse activities.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_  
Client, Parent, or Guardian

**PHOTO RELEASE: (OPTIONAL)**

I hereby consent to and authorize the use and reproduction by *Best of Friends* of any and all photographs and any other audiovisual materials taken of me/my son/my daughter/my ward for promotional printed material, educational activities, exhibitions, or for any other use for the benefit of the program.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_  
Client, Parent or Guardian

## ***GOALS to be worked on during Year***

Please list any and all GOALS that should be worked on during the coming year:

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**Information contained herein will be maintained in confidence and is required for the safety and continued development of the *Best of Friends* therapeutic riding program.**

Please return completed form (all 5 pages) to:

***Best of Friends, P.O. Box 94, Johnstown, PA 15907-0094***

